

## UNIT 1 THE SCIENCE OF BIOLOGY

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## UNIT ONE THE SCIENCE OF BIOLOGY

## **1.1 The methods of science**

- **1.1.1 What is the science of biology?**
- \*Biology is the science of life and living organisms.
- Biology deals structure, function, growth, evolution and distribution of organisms
- An organism is a living things made from one cell or many cells.
  - Unicellular organisms; made up of one cells E.g. Amoeba, bacteria
  - Multicellular organisms; made of many cells including animals, plants and fungi

## Some of the sub-disciplines of biology:

- \* Astrobiologists; investigation of the possibility of life on other planets
- Siomedical research including the development of new drugs and vaccines.
- Microbiologist; study on micro-organisms of all kinds function.
- \* Paleontologist; deal about ancient life.
  - ➤ is try to find out the way in which life began on Earth and how it has evolved from simple life forms into more complex ones.
  - Mainly concerned with the study of fossils
  - Use evidence from studies of chemistry of ancient rocks to estimates when and how new life forms appeared on the planet.

- Physiologist: the study of physical and chemical functions of tissue, organs and organ system of the body.
- Ethologist: is the study of animal behaviour in there natural habitat
- \* Ethnologist: distribution ,relationship and origin of the race of mankind
- **\* Entomologist:** the study of insects
- \* Oncologist: deal with the prevention, diagnosis and treatment of cancer
- **Geneticist;** deals with heredity and variation
- \* **Neurologist:** study the complex structure of neuron and its coordination
- **\* Parasitologists:** the study of parasites
- Solution States Study of the chemical substance, process and reaction that occur in living organisms.

## What is science?

- The word science comes from the Latin word scientia, which means 'knowledge'.
- Science is a unique system of acquiring knowledge based on the scientific method.
- \*Science is a systematic enterprise that builds and organizes knowledge in the form of testable explanation and prediction about the universe
  - Experimental science the use of experiments to obtain information
  - Applied science the use of scientific research to meet certain human needs

# **1.1.2 Scientific methods**

- Scientific method is the process by which scientists approach their work.
- It is a process by which scientist approach to solve problems.
- Biologist use scientific methods to study living world
- It is a way to ask and answer scientific question by making and doing experiment.
- It is scientific procedures adopted by the scientists to find out facts and scientific truth

### The steps of the scientific method are as follows;

#### 1. Ask a question or identify problems

- Refer to the explanation of a specific observation.
- E.g. why tomato seeds don't grow inside tomatoes?

### 2. Background of research:

- Collect data or information on scientific question (s).
- The data can be obtained from book, journals, magazines and internets
- It is used to formulate hypothesis
- **\***E.g. we find out that there are substances in plants that control growth, called growth regulators.

## **3. Hypothesis:**

- \* **Hypothesis** an educated guess about what will be the explanation of an observation.
- $\bullet$  for example hypothesis for the above question
  - 'There are chemicals in tomatoes that stop the seeds from growing whilst they are still in the tomatoes themselves.'
- **\*** Important thing about hypothesis
  - Tentative explanation for the observation
  - Reflect experience based on previous knowledge, facts and general principles
  - > Are testable by an experiment.
  - Always lead to make predictions
- Prediction an educated guess for what will be the out come of an experiment.
  - For example 'Seeds covered in tomato juice will not germinate as well as seeds covered in water'.

## Two pattern of reasoning to develop hypothesis

- In developing hypothesis, two pattern of reasoning are required
  - **1. Inductive reasoning:** logic precedes from specific observations to general conclusions.
  - 2. Deductive reasoning; logic precedes from general to specific condition

## **5. Experimentation to test the hypothesis**

- Is the process of testing hypothesis or prediction by gathering data under controlled condition
- It determine whether the observations agree with or conflict with hypothesis.

#### **Controlled experiment consists**

- 1) Control group
  - Untreated group in an experiment in which the experimental groups are compared with.
  - > Acts as a 'standard' for comparison.

#### 2) Experimental group

- Group in an experiment which is being experimented on in order to compare with the control group
- Only differ in the presence of independent variable
- E.g. Investigate saliva has an effect to bring any change on starch
  - Test tube A=have 2% starch and 2cc saliva; experimental group
  - Test tube B= have 2% starch and 2ccwater ; control group

## 6. Analyse results and draw conclusions:

The results are usually written in the form of a statement that explains or interprets the data.

## 7. Accept or reject the hypothesis;

It seems as though the hypothesis is along the right lines;

## 8. Report results:

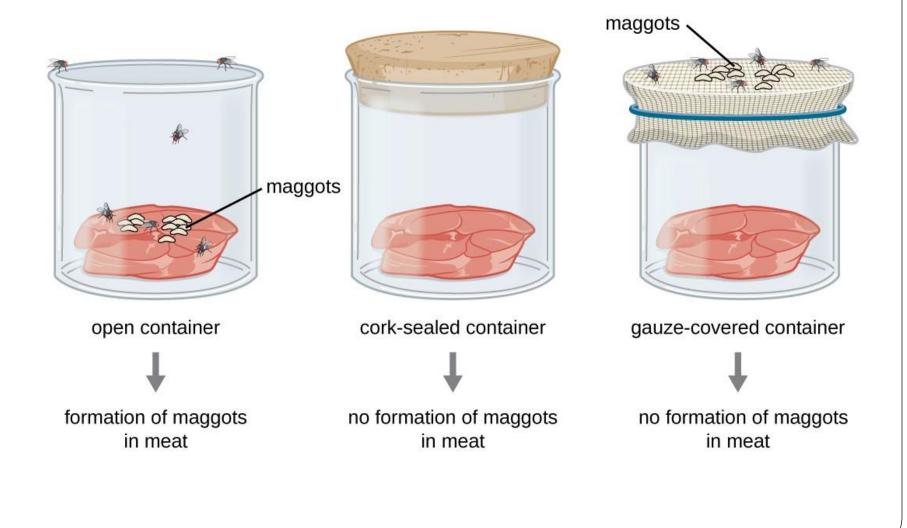
It is important that the scientist reports the hypothesis, experiments and conclusion to other scientists. How scientific method disprove the idea of spontaneous generation?

- Spontaneous generation states the appearance of living organisms from non-living matter.
- Spontaneous generation suggest that;
  Non-living object can gives rise to living organisms
  - >An organisms could arise from lifeless matter
    - **~**E.g. rotten meat had turned into flies!
    - **Muddy soil gives rise to frogs!**
- Francesco Redi, Lazzaro Spallanzani and Louis Pasteur used the scientific method to disprove the idea of spontaneous generation. How?

# Francesco Redi experiment on spontaneous generation

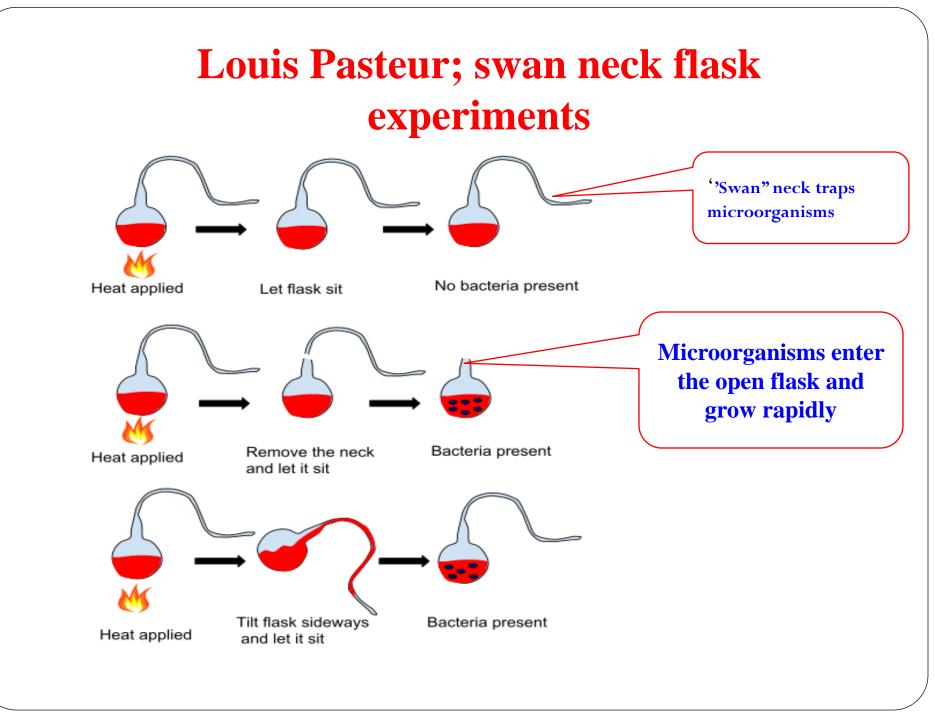
- He used wide-mouth jars containing meat. Some jars were left open to the air. Others were covered with a piece of gauze.
- After several days, maggots and then flies could be seen in the open jars, but none appeared in the closed jars.
- Redi hypothesized that only flies could produce more flies.
- Redi was able to conclude that flies cannot be produced from rotting meat.

## **Francesco Redi experiment disprove the idea of spontaneous generation**



## Louis Pasteur; swan neck flask experiments

- Many people still believed that micro-organisms could arise by spontaneous generation.
- Louis Pasteur to disprove this. In 1859,
- \* Pasteur carried out experiments to show that the micro-organisms that caused wine and broth to go cloudy came from the air and was not made from the broth itself.
- Pasteur boiled broths in swan-necked flasks to kill any microorganisms
- \* Pasteur use swan-necked flasks on his experiment because.
  - \* To trap particles from the air that might enter the flask before reaching broth
- \* He treated the flasks in one of three ways:
  - **\*** He left some of them as they were.
  - **He broke** the necks on some.
  - He tilted others to allow the dust in the low part of the neck to mix with the broths.
- The broths in the second two groups of flasks turned cloudy (due to the presence of micro-organisms) within days.
- The broths in the first group remained clear.



## **1.1.3 Scientific experiments**

- \* Scientific experiments try to **establish cause and effect** relationship in nature.
- \* The factor that can change in an experiment is called **Variable**.
- There are three basic experimental variables
  - Independent variable(IV): is changed (manipulated) by the experimenter
  - > Dependent variable(DV): is measured by the experimenter
  - Controlled variables (CV): variable have been kept constant (controlled) to avoid influencing results
  - Confounding variable a factor that can't be controlled which may influence the result of the experiment

- \* E.g. Investigate saliva has an effect to bring any change on starch
  - >Independent variable (IV)=Saliva
  - Dependent variable (DV)= Starch
  - Confounding variable (CV)=Temperature, pH condition, concentration of saliva
- **\*** The effect of fertilizer on plant growth
  - Independent variable (IV)= Fertilizer
  - Dependent variable (DV)=Plant growth
  - Confounding variable (CV)= Temperature, Nutrients, CO<sub>2</sub> concentration, water

- \*Fair test is an experiment in which the only difference between different repeats of the experiment is the different values of the independent variable, all other factors that could affect the outcome have been kept constant (they have been controlled)
- Fair test is an experiment in which all factor that could affect the out come of an experiment remain constant expect independent variable

# 1.1.4 Accuracy, reliability and validity in scientific experiments

### Accuracy

- Accuracy how precisely something has been measured or counted
- Refers to how close an experimental observation lies to the true value
- To measure volume, you could use:
  - ≽a syringe
  - ➤ a measuring cylinder
  - > Pipette
  - ≻a burette

# Reliability

- Reliability is a measure of how dependable and consistent the results of an experiment0.
- It concern with the repeatability and dependability of results of the experiment
- So, reliability is 'consistency' or 'repeatability' of an experiment

# There are several things to increase the reliability of experiments.

- 1) **Standardise all our procedures;,** so that we always do exactly the same thing.
- 2) **Performing repeated experiments** this allows us to
  - Spot any anomalous results
    - ✓ **anomalous results** are really odd results that do not fit the general pattern
  - Calculate an average result, which is likely to be more representative than any individual result
- 3) Not to use personal judgment.
- 4) Have a 'standard' to compare our experiment.

# Validity

- For our experiment to be valid, our result should be only due to the change in independent variable.
- A valid test refers to whether an experiment measures what it says it is measuring.
- Controlled experiment is used to increase the validity of an experiment
- It a state of being valid or genuine
- For the experiment to be valid, the results were only due to the changes in the independent variable.

# 1.1.5 Report writing on scientific experiments

- Biologists write a report on an investigation with a view to having it published in a scientific journal, such as nature or science.
- **1. A title**, which states clearly what is being investigated
- 2. A hypothesis, stated clearly in terms of how the independent variable is expected to influence the dependent variable, often extended to a prediction for the particular experiment
- 3. **Procedure**; a clear description of the experimental procedure
- 4. **Results**; a full account of the results obtained
- 5. **Conclusion;** the conclusions that have been drawn from the results
- 6. Evaluation;
  - this is an honest assessment of the limitations of the procedure that has been used,
  - > pointing out any unavoidable limitations and inaccuracies that arose
- 7. Acknowledgements

# 1.2 The tools of a biologist1.2.1 Tools biologists use in the laboratory



## 1. Microscope

- An instrument used to provides a magnified image of a tiny object
   Resolution;
- Is the ability to distinguish between two points that are close together
- If resolution is poor, it will merge into one point and the detail of the image will be limited.

## **Optical (Light) microscope**

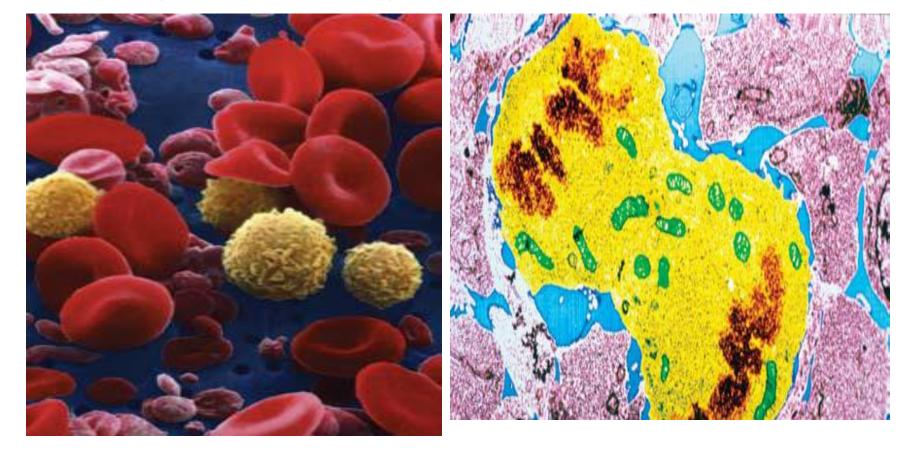
**Use beams of light** to produce magnified images Relatively less magnification and resolution power \*Due to its low resolution power light microscope is not used to see cellular organelle such as ribosome, mitochondria, chloroplast, endoplasmic reticulum ♦ Used to study cell, tissues or individual organism **\*Used to study living material directly** through light microscope

## **Electron microscope**

- Use a beam of electron to produce magnified images.
- \*It has highest magnification and resolution power.
- Its maximum magnification power is 2,000,000.
- Resolving power of an electron microscope is 1000 times greater than the resolving power of optical microscope.

#### **Scanning electron microscope** Transmission electron microscope

- Can show us threedimensional shapes surface of cell (blood cells below).
- Shows the inside details of a cell



# 2. Dissecting equipment

- Dissect specimens to find out what they are like inside.
- Dissect to cut apart or separate tissue for anatomical study.
- Dissect used to study internal organs, such as the heart ,kidney, lungs.



## 3. Petri dishes

- \* Used especially to grow bacterial cultures in the laboratory
- \* Bacteria growing on **agar** in a Petri dish.
- Agar is a solid nutrient medium that is mainly extracted from red algae
- \* Micropropagation is technique of growing plants from just a few cells on special agars in Petri dishes.
  - It allows thousands of plants to be produced from just one 'parent' plant.
  - > All the plants produced are genetically identical.
- \* Petri dishes can also be used to:
  - Show how effective different antibiotics are against certain types of bacteria
  - Show how well different concentrations of enzymes digest a substance

#### 4. Balances

> Is apparatus used for measuring mass

### 5. Centrifuges

- > Centrifuge machine that spins to separate solids from liquids
- Separate solid particles from the liquid without the need to filter.

#### Ultracentrifuges

- Used to spin the tubes at a faster speed to separate extremely light particles in the bottom of the tube
- Used to separate the various components of animal and plant cells.

#### 6. Measuring cylinders

Used to measure volume liquids and gases

## **1.2.2. Tools of biologists use in the field**

### 1. Quadrats

- It is placed randomly on the ground in order to count the number and type of organisms
- Quadrat a small frame used for ecological or population studies
- Used to estimate the abundance of the organisms in the area.
- Quadrats can also be used underwater.
- Siologists also use quadrats to show how the numbers of a particular species changes across an area



## 2. Transect line.

- Transect line a straight line through an area random having no specific pattern, purpose or objective bias tending towards a specific result
- Place the quadrat by the side of the transect line and record the abundance of the organisms in the quadrat.

## **3. Pitfall traps**

Used to catch many ground beetles and other insects that live on or in the soil

# 4. An insect net

\* A type net used to collect flying insects

\* A sweep net used to collect insects from grass and brush



#### **5.** A flow meter

Used to measure the rate of flow of water

## 6. A pH kit

Used to measure the pH of soil or water



7. A data logger
& Used to record information

#### 8. A theodolite

Used to measure the height of trees or of slopes in the area



## 9. GPS (Global Positioning System)

Used to record positions quickly and accurately

## **10. A field microscope**

Used to investigate the structure of specimens in the field, whilst still fresh



# 1.3 The relevance and promise of biological science

- Some of the areas in which the relevance of biological science are involved
  - ≻Agricultural
  - ≻Medicine
  - ≻Environments

# **Biology and agriculture**

- Biological science increase food supply through agricultural productivity.
- Biologists are carrying out research into how to produce crop plants that:
  - ≻can **adapted** to the new conditions
  - ➤are capable of producing crop in short period of time
  - ➤are resistant disease and drought
  - ➤are capable of giving high quality products

# **Biology and medicine**

Some of biological Knowledge in medicine are;

- Advise on effective methods of contraception
- Educating people about the need to limit population growth.
- Medical professional have specialized biological knowledge. some of these are
  - Medical laboratory technicians who test samples required and provide reports for doctors
  - Medical researchers who work the ways in which disease-causing organisms function and are spread
  - Radiographers, who produce X-rays the diagnosis of disease
  - Drug development researchers, who develop new drugs to treat diseases

# Biotechnology

\* Use microorganisms to make things people want. such as;

- Cures for genetic diseases
- Treatments for degenerative diseases, such as Parkinson's disease and Alzheimer's disease
- Industrial processes to manufacture more biological products such as insulin
- Producing drugs that are 'tailor-made' to suit an individual's needs
- > Genetically modifying plants to meet a specific need.
- Cloning of productive animals and plants
- Production of monoclonal antibodies
- Using stem cells to repair damaged organs

# **1.4 Biology and HIV /AIDS**

- AIDS is short for acquired immune deficiency syndrome
- \* Caused by the human immuno deficiency virus (HIV).
- HIV infects T-helper cells that enable us to fight off other diseases.
- The reduction in the number of T-helper cells, many opportunistic infections may occur (including pneumonia and tuberculosis), together with rare cancers like Kaposi's sarcoma

- AIDS is largely a sexually transmitted disease (STD); there are four main ways in which HIV can be transmitted. These are:
  - >Unprotected intercourse with an infected person
  - >Transfusion of infected blood or blood products
  - Sharing infected needles
  - **>**From mother to child

# How can biology help in the fight against AIDS?

- There are several methods of combating the spread of a disease. These are described below.
- Break the transmission pathway
- Produce drugs that kill the virus or at least stop it from reproducing.
- Produce a vaccine against the virus.

## **\* life cycle of HIV:**

- ≻ The entry phase
- Viral genetic material is converted to DNA
- ≻ The new DNA enters the host cell DNA
- > The new DNA 'instructs' the cell to make more HIV
- **HIV** is a retroviruses can be treated by antiretroviral drugs
- Retroviruses is an RNA virus that converts its genetic information from RNA into DNA, this process is called reverse transcription;

- Anti-retroviral drugs slow down the progression infection to AIDS
- Different antiretroviral drugs target different stages in the life cycle of HIV.
- High Activity Anti-Retroviral Treatment (HAART) using anti-retro viral drugs in combination to act on different stages of the HIV life cycle.
- The main advantage of HAART breaking the life cycle of HIV in different stages
- \* To reduce the spread of AIDS we should;
  - > Restricting the number of sexual partners.
  - > Encourage men to be circumcised.
  - ≻Not sharing infected needles.